



Prayers & Confessions

for Modern
Christian Women

Ashan R. Hampton

Prayers &
Confessions for
Modern
Christian
Women

*::Words of Faith for
Everyday Victory::*

Ashan R. Hampton

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Words. Have. Power.

“This is the day the Lord has made.
We will rejoice and be glad in it.”

Psalms 118:24

"Pleasant words are like a honeycomb,
sweetness to the soul and
health to the body."

Proverbs 16:24

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My Story

For many years, every area of my life was under siege. My mind, emotions, my mouth...the devil. Whatever the cause, I was upset about everything in my life. It seemed that all of my opportunities for joy in this world got quickly snatched away. The man turned out to be married. Then another, and another. And the last one. I left churches without fanfare or any appreciation for all I tried to teach the people of God in Sunday school and Bible study. At work, office politics resulted in unfair job loss, and subsequent financial debt.

Untimely family deaths. Broken friendships. Constraints and flops in my business endeavors. Disappointments in higher educational pursuits. Weakness in my physical body. All of which led to anxiety and depression that I privately powered through. I was exhausted. I gained about 30 pounds. I was a wreck.

Why was I going through all of this as a committed, celibate, single Christian just trying to follow God's plans for my life? Whenever I heard someone declare how good God was, and all the blessings he bestowed upon them, I got irritated. Really? I did not feel blessed or highly favored. I felt lost, confused and abandoned by God. For many

Activate Your Confessions

Bible-based confessions prepare your heart for prayer, because the faith you stir up by speaking the word of God makes your prayers more effective. God is moved by our faith, not our tears, complaining or yelling. When you speak faith-filled words to God, He is able to work miracles in your circumstances.

Just as God formed the world with his words, we also have the ability to shape our lives with the creative power of God's word. Let Isaiah 55:11 be your guide when speaking the promises of God over your life: "The same thing is true of the words I speak. They will not return to me empty. They make the things happen that I want to happen, and they succeed in doing what I send them to do" (NCV). Your words have the power to make things happen, so be careful of what you say!

You do not need to repeat your prayers several times before God moves. He heard you the first time. However, repetition helps us to increase *our* faith, and to renew our minds. Some people teach that praying for the same thing over and over means you lack faith in God, but this is not true. We

Anxiety & Fear

“God did not give us a spirit that makes us afraid but a spirit of power and love and self-control”

(2 Timothy 1:7, NCV).

Father God, thank you for this day. I release words of faith and power into the earth. I come before you uncertain of what the day will bring or what my future holds. But, I thank you for never leaving me or forsaking me. I thank you for helping me. Thank you for holding me in the palms of your hands.

Lift the heaviness of my worries off of me Lord. Let me feel the comfort of your Holy Spirit. Take away the problems and heavy burdens in my life. Give me peace. Despite how I feel, I do not worry. I give all my anxiety to Jesus, because He cares for me.

Although I face injustice everywhere I go, I will not fear evil. God is with me. God has not given me the spirit of fear, but of power and of love, and of a sound mind. I am a child of the most high God. I am powerful. I am loved. I am blessed.